



**KP Women's Regatta
7-8 September 2019
United States Merchant Marine Academy
SAILING INSTRUCTIONS**

1. Rules

The regatta will be governed by the Racing Rules of Sailing (RRS) 2017-2020, the prescriptions of US SAILING, the current Procedural Rules for Intercollegiate Sailing Competition (PR) and these Sailing Instructions.

2. Notices to Competitors

Notices to Competitors, including boat rotations, will be posted on the official regatta notice board located in the Intercollegiate Sailing Team room in the Yocum Sailing Center.

3. Changes to the Sailing Instructions

Any change to the sailing instructions will be announced orally and posted on the Regatta Notice Board before the first race they are to take effect.

4. Boats and Equipment

- 4.1. Boats will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.
- 4.2. The standing rigging shall not be adjusted, including the bowlines on both fleets.
- 4.3. Z420 and FJ mainsheets may be rigged with a 3:1 or 4:1 purchase.
- 4.4. The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.
- 4.5. Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 4.6. Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may grant redress for the failure of the main halyard masthead knot.

5. Format

The regatta format will be a single round robin.

6. Rotation of Boats

- 6.1. The rotation of boats will be in accordance with the provided rotation sheet available at the competitor's meeting and on Techscore.
- 6.2. A-division will consist of all boats. A-division will switch fleets after the first day.
- 6.3. No skipper or crew rotations will occur from a coach boat for the first race after a break ashore, unless announced by the regatta chairman that it is fair for all competitors to do so.

7. Schedule of Events

Saturday, September 7	0900	Report Time
	0915	Competitor's Meeting
	0945	First Warning
Sunday, September 8	0900	Report Time
	0945	First Warning
	1500	No Starting Signal After

8. Racing Area

- 8.1. The racing area will be Western Long Island Sound, East of the Throggs Neck Bridge, including Little Neck and Eastchester Bays.

9. Courses and Marks

- 9.1. The courses will be announced orally and posted on the official notice board.
- 9.2. Rounding Marks will be orange/red balls.
- 9.3. Start/Finish marks will be yellow balls.

10. Starting and Finishing

- 10.1. Races will be started in accordance with ICSA PR 18 b(i).
- 10.2. The start line will be between a red flag on the race committee boat and the windward side of a yellow mark set to the committee boat's port side.
- 10.3. The finish line will be between a red flag on the race committee boat and the windward side of a yellow mark set to the committee boat's starboard side. (see course diagram)
- 10.4. If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.
- 10.5. The I Flag may be displayed for any start, meaning that RRS 30.1 is in effect.

11. Recalls

- 11.1. Individual Recalls will be signaled in accordance with PR 18(b)(ii) except the maximum time Code Flag "X" will be displayed is 60 seconds. The Race Committee will attempt to hail the boat(s) sail number(s); however it is the responsibility of each boat to make a proper start.
- 11.2. Failure to hear a hail is insufficient cause for granting redress.
- 11.3. Multiple whistles and the hail of the words "General Recall" will signal a General Recall. A visual signal may be given. PR 18(b)(ii) will also be in effect.

12. Penalties

- 12.1. Penalties for breaking a rule of RRS Part 2 will be in accordance with RRS 44.1 and 44.2.
- 12.2. All penalties shall be reported to the Race Committee Finish Boat promptly after finishing

13. Protests

- 13.1. Protest shall be filed in accordance with the ICSA Procedural Rules.
- 13.2. PR 30 is in effect. Protests shall be filed within 30 minutes of reaching shore after the race in which the incident occurred.

14. Coaching

In accordance with PR 19, a coach boat may be provided as described at the competitor's meeting.

15. Safety

- 15.1. A boat requesting assistance from support boats should signal by waving hands overhead.
- 15.2. A capsized boat may be righted and sailed by its crew unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected; in which case the crew shall accept assistance and the boat will be scored "DNF".
- 15.3. A boat that retires is asked to notify the Race Committee either before leaving the course area or immediately upon arriving ashore.

16. Minimum Wind Strength

- 16.1. Races in MAISA Championship Regattas should not be started unless the Race Committee is satisfied that the wind strength in the starting area, and to the best of its belief on the rest of the course, is in excess of an average of three knots (3.45 mph) for a reasonable period before the start as measured using instrumentation and while not moving over the bottom or anchored.