



2019 Phil Harman Cup

September 7-8

**New England Intercollegiate Sailing Association
Maine Maritime Academy**

SAILING INSTRUCTIONS

1. RULES

- 1.1 This regatta will be governed by the Racing Rules of Sailing , the US SAILING prescriptions, the Intercollegiate Sailing Association Official Procedural Rules for Intercollegiate Sailing Competition, Collegiate Dinghy Class Rules (CR), NEISA Regulations (except as any of these are altered by the Sailing Instructions) and by these Sailing Instructions.
- 1.2 Class rules will not apply. Sails may be hoisted above the black band. Note that type III coast guard approved life jackets must be worn at all times while on the water per the ICSA Procedural Rules.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the regatta whiteboard near the entrance of the bay.

3. BOATS AND CREW

- 3.1 Colgate 26 boats will be provided to all competitors, who shall not modify them or cause them to be modified in any way (including adjustment of turnbuckles) except that wind indicators, including yarn or thread, may be tied or taped anywhere on the boat.
- 3.2 All standing rigging will be preset before the Regatta to make the boats as evenly matched as possible. Standing rigging, with the exception of the backstay, shall not be adjusted or modified without authority of the Race Committee.
- 3.3 Bottom cleaning of any kind is not allowed.
- 3.4 All equipment provided with the boat for sailing purposes shall be in the boat while afloat. All equipment not in use shall remain in the original storage location.
- 3.5 Spinnakers must be set forward of the shrouds and spreaders from the provided turtles or from the hatch launch bags. You will be given a spinnaker at the first skippers meeting and will use that sail for the duration of the regatta.
- 3.6 Reefing lines shall not be unrigged.
- 3.7 Lifelines, life rails, stanchions, pulpits, and shrouds may not be used for roll tacking.
- 3.8 The penalty for not complying with 3.1 through 3.7 above will be disqualification from all races sailed in which the instruction was broken.
- 3.9 Competitors shall report damage or loss of equipment, however slight, to the race committee immediately after securing the boat. The penalty for breaking this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 3.10 A crew of 4, no more no less, will be sailed at any one time.

12. RECALLS

- 12.1 ICSA rule 18(b)(ii) shall apply. The Race committee will attempt to notify premature starter by hail. This does not relieve a competitor's obligation to start properly.
- 12.2 The "Round The Ends Rule" shall apply after a general recall in accordance with ICSA rule 18(b)(iii). Code flag "I" will not be displayed. This changes RRS 30.1.
- 12.3 Each boat's recall number will be her mainsail number.

13. THE FINISH

The finish line will be the same line as the starting line, namely two orange balls.

14. PROTESTS

- 14.1 Protests shall be written on forms available in the waterfront office and delivered to the Waterfront Office within 30 minutes after the last crew is brought ashore by the launch. This protest filing time limit will be posted on the Regatta notice board.
- 14.2 Protests, including the boat being protested, must be reported to the Race Committee immediately after finishing.
- 14.3 The jury will hear protests in the approximate order of receipt, beginning as a soon as possible after protests have been received.

15. ALTERNATIVE PENALTIES

- 15.1 In accordance with ICSA Procedural Rule 31 (b) and RRS 44.3, the scoring penalty will be in effect. The penalty will be 2 points.
- 15.2 A boat that complies with any part of the requirements of RRS 44.3 and SI 15.1 will be scored with a 50% penalty (4 points) unless she complies with all of the requirements. This changes RRS 44.3.

16. SCORING

Scoring will be done in accordance with ICSA Procedural Rules 22 and 23. Each boat's total score will be the sum of her scores for all races.

17. RADIO COMMUNICATION

- 17.1 Between races, the regatta chairman may make informational announcements and designate the course for the next race.
- 17.2 The committee boat may announce OCS boats (starting correctly remains the responsibility of the skipper and failure to transmit or hear OCS announcements will not be grounds for protests or redress.)
- 17.3 While racing, a boat shall only use the VHF radio on channel 71 to inform the race committee of their retirement from a race or request for assistance.
- 17.4 After finishing a boat may use the radio to inform (and request acknowledgement) both the protested boat and the race committee of intent to protest.
- 17.5 Except for the above, boats shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to cell telephones.

18. BREAKDOWN

- 18.1 If a boat requests breakdown points in a race, she shall notify the Race Committee upon finishing. ICSA procedural Rules 20 applies.
- 18.2 Breakdown requests must be filed in the same manner as protests using the protest form provided. Guidelines for breakdowns can be found in ICSA Procedural Rules Appendix 7.

19. REQUEST FOR REPAIRS OR REPLACEMENT OF EQUIPMENT

- 19.1 Boats may request replacement of lost gear or repair to the boats by requesting assistance by hail or on Channel 71.
- 19.2 At the discretion of Maine Maritime Academy officials, a boat may be advised to continue to race if it is determined that the loss or breakage of equipment does not materially affect the boat's safety or performance. Breakdowns may result in BYES.
- 19.3 Only approved MMA students or staff, while wearing appropriate climbing gear and safety equipment, may climb masts and only with the permission of the race committee.

20. EXPEDITING RACING

To expedite matters, the Race committee may award a boat her position and score in a race if it is determined that the boat's position in that race is secure. In this event, the boat will be informed of her position and will be asked to proceed without delay, including accepting a tow from a MMA power vessel, toward the starting line so that the next race may be started within a reasonable time.

21. AVOIDING COLLISIONS

THERE SHALL NOT BE ANY COLLISIONS. Penalties shall comply with RRs except as follows:

- 21.1 For hull (including pulpits, stanchions, and life rails) to hull (including pulpits, stanchions, and life rails) contact, the violating boat shall retire immediately. If no boat protests or retires, all boats involved in such contact shall be scored DSQ.
- 21.2 ICSA PR 27 is replaced with: "Hull to hull contact is a serious incident. When such contact occurs, the Jury shall hold a hearing under RRS 60.2, 60.3 & 63 to determine the facts and consider whether those involved exercised reasonable care in handling their boats. When the Jury finds that either or both boat(s) did not, one or both shall be excluded from the rest of the regatta (Changes RRS 14)."
- 21.3 Any collision may result in disqualification of both boats (bow-to-beam collisions will always result in disqualification of both boats) unless the jury finds, as fact, that a boat made every reasonable attempt to avoid damage. If the jury or MMA officials deem that a boat was negligent in an incident involving a collision, the boat will be disqualified from the regatta.

22. SAFETY

- 22.1 When a yellow flag is displayed on the committee boat, every boat shall have 10 feet of mainsheet aft of the cam cleat on the traveler and shall station one member of the crew on a cockpit seat aft of the traveler until the boat has started. That crew member shall release the 10 feet of mainsheet whenever the angle of heel prevents the boat from responding to rudder position.
- 22.2 Each competitor is solely responsible for his or her personal safety. However, in circumstances it considers hazardous, the Race Committee may require a competitor to accept assistance
- 22.3 If there is an injury to any crewmember, assistance may be obtained immediately by hailing the Race Committee on VHF 71 or by lowering the mainsail. Boats may continue racing in accordance with RRS 41 when appropriate.
- 22.4 A boat that retires from a race shall notify the Race Committee boat promptly.

23. BOAT ASSIGNMENTS AND ROTATION

Boats and sails will be assigned at the skipper's meeting. Crews will rotate boats on the water and after each day of racing.

24. SAIL LIMITATIONS

Should conditions require, the Race committee may prohibit the use of spinnakers by flying a turquoise flag.

25. COACHING

Every effort will be made to provide equal access for coaches with their crews during the regatta. Coaches will be allowed aboard the race committee boat; however they may not interfere with the race committee's official actions. Time permitting, coaches will be allowed to communicate with their crews from the committee boat. Coaches and crews shall not communicate by radio or telephone. Attention is drawn to ICSA rule 19.