



Women's Showcase  
September 29-30, 2018  
St. Mary's College of Maryland  
**SAILING INSTRUCTIONS**

**1. RULES**

The regatta will be governed by the Racing Rules of Sailing (RRS) 2017-2020, the prescriptions of US SAILING, the Procedural and Class Rules for Intercollegiate Sailing Competition 2017-20120 (PCR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions (SI). PCR 32 Immediate penalties for breaking RRS 42 shall be in effect for this regatta.

**2. NOTICES TO COMPETITORS**

2.1. Notices will be posted on the official regatta notice board located on the lower deck of the River Center.

**3. CHANGES IN SAILING INSTRUCTIONS**

3.1. Any changes in the sailing instructions will be announced orally and posted before the first race in which they are to take effect.

**4. SCHEDULE OF EVENTS**

**Saturday, September 29**

0910 Competitors' Meeting

0930 First Warning

**Sunday, September 30**

0930 First Warning

1500 No Start Signal After

**5. FORMAT**

5.1. A division will start the competition in FJ's and B division in 420's. Divisions will swap fleets after the completion of 50% of the scheduled races.

**6. BOATS & EQUIPMENT**

6.1. LaserPerformance Collegiate Dinghy Z420's and Collegiate Dinghy FJ's will be provided for competitors, who shall not modify any boat or cause them to be modified in any way. Competitors have the option of rigging the mainsheet purchase either 3:1 or 4:1.

6.2. The standing rigging shall not be adjusted.

6.3. Competitors shall report any damage or loss of equipment, however slight, to the boat repair committee immediately after arriving ashore or to the Race Committee on the water.

**7. ROTATION**

7.1. The rotation of boats will be in accordance with the provided rotation sheet.

**8. THE COURSE**

8.1. The courses will be announced orally and taken from the course diagrams on the official regatta notice board.

8.2. Rounding marks will be red marks.

**9. START/FINISH**

9.1. Races will be started in accordance with PCR 18(b)(i).

9.2. The start line will be between a staff displaying a flag on the Race Committee Start Boat, and a nearby mark or a staff displaying an orange flag on the Pin-end Start Boat.

9.3. The finish line will be between a staff displaying a flag on the Race Committee Finish Boat and a yellow mark or a staff displaying an orange flag on the Pin-end Finish Boat

**10. PROTESTS**

- 10.1. Protests shall be filed in accordance with the ICSA Procedural Rules with the following change. "Race Committee" in PCR 29(b) is changed to "Race Committee Finish Boat."
- 10.2. Written protests, including requests for redress and breakdowns, shall be filed with the scorer within 20 minutes of the last competitor's arrival ashore after the race or set of races in which the incident occurred (Modifies PR 30).
- 10.3. Protest forms will be available at the recreational boat check out station next to the RP forms and shall be filed in the scorer's office.

**11. SAFETY**

- 11.1. Competitors who require assistance from rescue boats should so signify by waving arms overhead. A competitor who retires from a race shall notify the Race Committee as soon as possible.

**12. COACHING**

- 12.1. PCR 19 will apply.
- 12.2. Coaching shall be from the Teddy Turner Waterfront at St. Mary's College of Maryland.