

# NEISA Singlehanded Conference Championships

Connecticut College/Mitchell College

September 24-25, 2016

## Sailing Instructions

### 1. **RULES**

1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) 2013-2016, and the prescriptions of US SAILING, the Procedural Rules for Intercollegiate Sailing Competition 2013-2016 (PR) (except as any of these are modified by these sailing instructions), and by these Sailing Instructions.

### 2. **NOTICES TO COMPETITORS**

2.1 Notices to competitors will be posted on the official regatta notice board located, Or given orally

### 3. **CHANGES IN SAILING INSTRUCTIONS**

3.1 Any changes in the sailing instructions will be announced orally by the Race Committee and may be posted before the first race in which they are to take effect.

### 4. **BOATS AND EQUIPMENT**

4.1 Competitors are responsible for bringing their own Lasers.

4.2 Breakdowns will be handled per ICSA Procedural Rules.

4.3 Competitors shall not loan, share, borrow, or exchange sailing equipment unless they do so on land.

4.4 Extra Parts will be permitted on Coach boats on a limited basis, because of space issues

### 5. **FORMAT**

We will attempt to Sail as many races as the number of competitors

### 6. **ROTATION**

There will be no rotation. Competitors sail their own boat for the entire regatta.

### 7. **SCHEDULE OF EVENTS**

Saturday	10:30 am	Report Time
	11:15 am	Competitors' Meeting (Rigged, Fully Dressed)
12:15 pm	Harbor Start	

Sunday	9:30 am	Report Time
	10:30 am	Harbor Start
	3:00 pm	No Warning Signal after

### 8. **RACING AREA**

Waters near and around the New London Light House

### 9. **THE COURSE**

9.1 The courses will be posted on the official notice board and/or announced orally prior to each start.

9.2 Rounding marks will be white, orange, or green.

**10. START/FINISH**

- 10.1 Races will be started in accordance with 18(b)(i).
- 10.2 The start line will be between a staff on the Race Committee Boat and a mark at the port end of the line.
- 10.3 The finish line will be between a staff on the Race Committee Boat and a nearby mark
- 10.4 If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.

**11. RECALLS**

- 11.1 Individual recalls will be signaled in accordance with PR 18(b)(ii). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.
- 11.2 Multiple whistles and the hail of the words “general recall” will signal a general recall. No visual signal will be given.

**12. PENALTIES**

- 12.1 All penalty turns shall be reported to the Race Committee upon finishing.
- 12.2 ICSA PR 32, “Immediate Penalties for Breaking RRS 42”, shall be in effect.

**13. PROTESTS**

Protests shall be filed within 20 minutes of reaching the shore after the race in which the incident occurred. Changes PR 30.

**14. COACHING**

- 15.1 Coaching will be from land, unless coach boats are available, in accordance with PR 19.

**15. SAFETY**

- 15.1 A boat requesting assistance from support boats should signal by waving hands overhead.
- 15.2 A capsized boat may be righted and sailed by its crew, unless, in the sole judgment of the Race Committee, safety or the progress of the regatta would be affected, in which case the crew shall accept assistance, and the boat will be scored 'DNF.'
- 15.3 Starts may not be delayed to accommodate capsized boats.
- 15.4 A boat that retires is asked to notify the Race Committee either before leaving the course area, or immediately upon arriving ashore.